



Lisa Arrington

Partner

Rochester

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Education

- Columbia University Law School, JD
- Michigan State University, BA

Practices & Industries

- Trusts & Estates
- Elder Law & Medicaid Planning

Admitted to Practice

- New York
- District of Columbia (Inactive)

Court Admissions

- US District Court for the Western District of New York

Biography

Lisa primarily concentrates her practice on providing comprehensive representation in elder law, Medicaid planning, special-needs planning, estate planning, and estate administration. She develops comprehensive asset-protection and care plans and prepares essential documents, including wills, trusts, durable powers of attorney and gift riders, and health care proxies.

Lisa helps clients with disabilities and families with disabled children access public benefits and maximize the preservation of individual and family assets. She also assists clients with Article 17A guardianships for disabled children or family members. In addition, Lisa represents seniors who need long-term care and works with families and medical professionals to develop appropriate plans that may include home care, independent living, assisted living, and skilled-care options.

Lisa has extensive experience handling outright transfers, irrevocable Medicaid trusts, annuities, loans, pooled trusts to shelter excess income, and transfers of real property as well as numerous public-benefit resources, including Chronic Care Medicaid for nursing-home care and Community Medicaid for home care. She advises clients on self-settled supplemental-needs trusts, third-party supplemental-needs trusts, testamentary supplemental-needs trusts, and pooled-community supplemental-needs trusts.

Bar Associations

- Greater Rochester Association of Women Attorneys (GRAWA)
- Monroe County Bar Association, Elder Law Committee
- New York State Bar Association, Trusts and Estates and Elder Law Sections

Selected Memberships & Affiliations

- Barclay Damon's Women's Forum
- The Academy of Special Needs Planners (ASNP)
- National Academy of Elder Law Attorneys (NAELA)

Prior Experience

- Lacy Katzen LLP, Partner

Selected Community Activities

- Norman Howard School, Board of Directors Member
- Heritage Christian Services Foundation Board, Member
- Upstate New York Families for Effective Autism Treatment (AutismUp), Member
- Greater Rochester Area Partnership for the Elderly, Inc. (GRAPE), Former Member, Bylaws Committee Chair and Former Secretary and Executive Board Member
- LIFESPAN, Volunteer

Selected Honors

- *The Best Lawyers in America*®: Rochester "Lawyer of the Year": Elder Law, 2025
- *The Best Lawyers in America*®: Elder Law, 2024–2025
- Martindale-Hubbell, Client Distinction Award

Selected Speaking Engagements

- Starbridge, "Supportive Decision-Making Alternatives to Article 17A Guardianship" Webinar
- Heritage Christian Services and Pieters Family Life Center, "Housing and Financial Planning"

Selected Media

- *Money Doctors*, Supplemental Needs Trusts Episode
- *Money Doctors*, Long-Term Care and Elder Law Planning Episode

Selected Alerts & Blog Posts

- COVID-19 Public Health Emergency Extended Until October 15, 2022, and Update on New York Medicaid Eligibility Rules
- NYS Medicaid Easements Continued Through December 31, 2021
- Emergency Amendment to Informed Consent Process for the COVID-19 Vaccine for Individuals in OPWDD Residential Facilities
- Nursing Homes, Medicaid, and Your COVID-19 Stimulus Payments: What You Need to Know
- Strict New Criteria for Community Medicaid Program Takes Effect October 1